TJ's cafe

casual dining & spirits

1133 Central Avenue
Albany, NY
518.438.7457

Eat in or take out
Slamm’en Starters

French Onion Soup Au Gratin
Sautéed onions simmered in a rich beef broth, finished with a touch of sherry. Topped with a seasoned crouton, melted with provolone, swiss and romano cheeses. 6.49

Soup du Jour
We take great pride in our soups. Fresh and homemade. We hand cut all of our fresh vegetables and simmer slow.
Bowl 5.25  Cup 4.25

Kettle Chips
Fresh fried kettle chips with a choice of bleu cheese or ranch for dipping.
Crunch all ya want! 7.99

Original Italian “chaos style” Chips 8.99

Basket of Sweet Potato Fries 6.99

TJ Chicken Strips
Freshly trimmed chicken is lightly dusted with our famous coating and fried til golden brown. Complemented with your choice of raspberry or honey mustard sauce. 9.99

Quesadilla
Served with salsa and sour cream. 8.99 add chicken 10.99

Fried Mozzarella
Planks of cheese lightly breaded and fried til golden brown. Served with fresh marinara or raspberry sauce. 8.99

Stuffed Mushrooms
Plump country mushrooms filled with a homemade stuffing of mushrooms, herbs and sherry wine. Topped with mozzarella cheese and baked till light brown and bubbling. 8.99

Shrimp Cocktail
4 super colossal or five jumbo shrimp, depending on market availability. Served with our homemade zesty cocktail sauce. 12.99

Toasted Ravioli Español
Cheese filled ravioli, with a touch of jalapeño pepper, lightly fried til crispy. Served with marinara or raspberry sauce. 8.99

Todd’s Terrific Wings
Here at TJ’s our wings are the best! Fresh jumbo wings served with choice of one of our hand crafted sauces. Served crispy with bleu cheese and veggies.

Traditional Wings
100ea 97.99

Our New Boneless Wings
Why fuss with the bone
Half Pound 8.99  Pound 16.99

sauces
mild • medium • hot • bbq • honey bbq • sesame garlic • garlic parm • garlic mild
garlic medium • garlic hot • teriyaki • sweet chili garlic • raspberry

All prices are subject to change without notice.
TJ’s Italian Buon Appetito

Chicken Parmesan
Boneless breast of chicken lightly breaded and sautéed, finished with our own marinara sauce and mozzarella cheese. 17.99

Chicken Sorrento
Breaded chicken breast with tender eggplant, marinara and melted mozzarella cheese. 18.99

Pasta and Meatballs
TJ’s homemade meatballs with marinara sauce over your choice of pasta. 12.99

Chicken Marsala
Sautéed chicken medallions with mushrooms in a marsala wine sauce served over pasta. 16.99

Crusted Chicken Romano
Boneless breast of chicken coated with a Romano and Parmesan cheese crust. Served with spaghetti and a tomato cream sauce. 18.99

Eggplant Parmesan
Lightly sautéed eggplant fillets baked with marinara and mozzarella cheese. 16.99

Pasta Marinara
Choice of pasta with marinara sauce. 10.99
add chicken 4.99  add shrimp 10.99

Pasta Alfredo
Pasta simmered in our creamy sauce finished with parmesan cheese blend 12.99
add chicken 4.99

sunshine salads

Grilled Teriyaki Chicken
Crisp mixed greens garnished with plum tomatoes, cucumbers, carrots, and red onions topped with charbroiled chicken with teriyaki sauce. 11.99

Caesar Salad
Hearts of romaine lettuce tossed with our own caesar dressing topped with seasoned croutons. small 6.99  large 9.99

Chicken Caesar Salad 12.99

Oriental Chicken Salad
Mesclun greens tossed with an oriental Ginger dressing, mandarin orange, slivered almonds, and grilled chicken. Topped with crunchy chow mein noodles. 12.99

Chef Salad
Crisp greens with julienne ham, breast of turkey, swiss and provolone cheeses, plum tomatoes, cucumbers, carrots, celery and a hard-boiled egg. 12.99

Garden Salad
Crisp mixed greens garnished with plum tomatoes, cucumbers, carrots, and red onions. small 4.99 large 7.99

Grilled Seafood Salad
Chopped romaine tossed in our balsamic vinaigrette dressing garnished with grilled shrimp, scallops, roasted red peppers, artichoke hearts, mozzarella cheese, plum tomatoes and toasted pine nuts. 15.99

Spinach and Romaine Salad
Fresh spinach and crunchy hearts of romaine tossed with a sesame-ginger dressing and topped with cranberries and slivered almonds. 9.99

Additional salad toppings:
Grilled Chicken Breast 4.99  Sliced Garlic Sirloin 10.99

dressings
Homemade Balsamic Vinaigrette, Creamy Basil Garlic, Blue Cheese, 1000 Island, Caesar, Ranch, Sesame Ginger, Mandarin Orange
Turkey Reuben
Our variation of the classic. Sliced turkey breast, piled high on grilled rye with coleslaw, Swiss cheese, and 1000 Island dressing. 11.99

BBQ Chicken Sandwich
BBQ grilled chicken with cheddar cheese, bacon, lettuce, and tomato. 10.99

Cajun Chicken Sandwich
Cajun spiced charbroiled chicken breast on a toasted roll with lettuce and tomato. 9.99

Chickn Delphi
Grilled breast of chicken coated with roasted green and red peppers, sautéed onions and melted provolone cheese piled on a baguette style roll with dill mayonnaise. 10.99

Chicken Parmesan Sandwich
Breaded breast of chicken with marinara, mozzarella cheese on a toasted roll. 8.99

French Dip
Thinly sliced cold roast beef piled on a baguette style roll, smothered with Swiss cheese accompanied by hot au jus for dipping. 10.99

Steak Jack Melt
Shaved ribeye steak, sautéed onions, pepper jack cheese and chipotle mayo on grilled marble rye. 11.99

Hot Roast Beef Sandwich
Thin sliced roasted beef. Served open faced over toast points with roasted garlic mashed potatoes, gravy and pickle. 12.99

Hot Turkey Sandwich
Sliced Carolina deli turkey. Served open faced over toast points with roasted garlic mashed potatoes, gravy and cranberry sauce. 12.99

Graxix Chicken
Grilled breast of chicken topped with Swiss cheese, sautéed mushrooms, bacon on a toasted roll with dill mayonnaise. 11.99

TJ's Classic Reuben
The classic combination of corned beef or pastrami, Swiss cheese, sauerkraut and thousand island served on grilled rye bread. 13.99

Meatball Torpedo
Savory Italian meatballs on a torpedo roll with marinara and melted mozzarella cheese. 8.99

Pesto Chicken Sandwich
Grilled chicken topped with roasted red peppers, pesto mayo, and provolone cheese on a round roll served with fries and pickle. 9.99

Plain Jane
Grilled breast of chicken nestled on a toasted bakery roll complemented with lettuce and tomato. Try it with BBQ or teriyaki sauce. 8.99

Pepper Jack Melt
Freshly grilled chicken breast seasoned with our roasted garlic pepper, topped with pepper jack cheddar and sautéed onions. Served on a toasted roll with garlic mayo, fries and pickle. 10.99

Sliced Top Sirloin Sandwich
U.S.D.A. choice 8 oz. steak grilled to your liking. Sliced thin and served on a baguette roll with garlic mayonnaise or tiger sauce. 14.99

Turkey Bacon Cheddar Melt
Turkey, bacon, cheddar, tomatoes, thousand island on grilled rye bread. 11.99

Eggplant Parm Torpedo
Tender fillets of eggplant with our homemade marinara sauce and mozzarella cheese on a warm fresh torpedo roll. 9.99
**deli style sandwiches**

**The Deli Board**
Build your HUGE!! sandwich below. Choice of white, wheat, rye bread or wrap

**Add Cheese** 1.00  American, Swiss, Provolone, Mozzarella or Cheddar

**Add Bacon** 1.99

**Pan Roasted Carolina Turkey** 9.99

**Premium Deli Style Ham** 8.99

**Jewish Style Corned Beef** 11.99

**Oven Roast Beef** Slow roasted in house 9.99

**Club Sandwiches**
Try our deli cold cuts as a club sandwich. Served on white toast with lettuce, tomatoes, bacon and mayonnaise. 12.99

**baked pasta**

Served with garlic bread. Add a dinner salad 1.99

**Homemade Macaroni and Cheese** 8.99
  with tomato 9.99

**Baked Ziti**
Fresh cooked pasta tossed with marinara layered with mozzarella cheese and baked. 8.99

**Baked Manicotti**
Cheese-filled manicotti baked with marinara sauce and mozzarella cheese. Served with garlic bread 14.99

**Kids Menu**
For little ones 12 & under

- Kids Hamburger
  4 oz. hamburger with fries 4.99
  add cheese. 5.25

- Hot Dog
  With fries. 4.99

- Pasta 5.99
  With meatballs. 6.99

- Chicken Strips
  With fries and choice of sauce. 5.99

- Grilled Cheese
  With french fries. 4.99

- Mac & Cheese
  Just like you have at home. 4.99

- PB & J
  White bread with peanut butter and grape jelly. 4.99
home-style entrées

All of our home-style entrees are served with fresh garden salad and choice of potato or pasta unless otherwise noted. Substitute Caesar salad 2.99. Substitute Roasted Garlic Mashed Potato 1.00 extra

**TJ 10oz. Top Sirloin Steak**
Flavorful USDA Choice with a firm to the knife texture grilled to perfection. 18.99

**Broiled Sea Scallops**
A generous portion of scallops baked with butter and white wine. 25.99

**Grilled Salmon**
Fresh Atlantic salmon filet finished with a lemon, lime, and orange beurre blanc sauce. Served with jasmine rice and green beans 15.99

**Surf and Turf**
A choice of a 14oz Prime Rib or a 10oz Center Cut Top Sirloin steak paired with Shrimp Scampi or Broiled Scallops. Served with potato or pasta and a crisp garden salad 28.99

**Chicken Francais**
Boneless breast of chicken is lightly sautéed in a light egg batter and topped with a white wine, lemon butter sauce. 17.99

**Shrimp & Scallops Flamingo**
Jumbo shrimp and sea scallops, sautéed in a sultry tomato cream sauce. Served over choice of pasta. 20.99

**TJ Sliced Top Sirloin**
U.S.D.A. choice 10 oz. sirloin steak grilled to your liking. Sliced thin and nestled on a bed of toast points, drizzled with garlic butter. 19.99

**Boneless Prime Rib of Beef**
U.S.D.A. Choice rib-eye is slowly roasted and served to your liking, get it while it lasts. 10oz. 22.99 14oz. 26.99

Belly Fill’en Burgers

**TJ’s House Burger**
A generous 1/2 lb. fresh ground sirloin grilled to your liking nestled on a toasted bakery roll with lettuce and tomato. 9.99
Add cheese 1.00

**Alpine Burger**
Our house burger married with sautéed mushrooms and melted swiss cheese. 10.99

**Bacon Cheddar Burger**
Our 1/2 lb. burger with a generous portion of fresh cheddar and bacon. 11.99

**Patty Melt**
An all time favorite, half pound ground beef with american and swiss cheeses, sautéed onions on grilled marbled rye bread. 10.99